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# The Grown-Up's Guide To Running Away From Home, Second Edition: Making A New Life Abroad



## Synopsis

For empty-nesters, early retirees, and even established executives, midlife is the ideal time to turn travel fantasies into real and rewarding experiences. This second edition of THE GROWN-UP'S GUIDE covers estimating cost-of-living expenses, the dos and don'ts of international health care, the boom in online travel resources, and much more. Whether planning a monthlong escape or a whole new life in another country, this empowering guide will encourage mature would-be expats to pursue the overseas adventure they've been craving. An accessible primer for midlife adults who long to live or retire in another country, featuring information on choosing a destination, readying finances, working, and keeping the stateside home fires burning. Detailed advice is interspersed with lively and inspiring anecdotes from the author's own adventures, plus interviews with other experienced expats.

## Book Information

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## Customer Reviews

ROSANNE KNORR is a seasoned traveler, expatriate, and author of numerous books, including the GROWN-UP'S GUIDE series and Gone with the Wine. Rosanne has been profiled in People Magazine and has appeared on national media including National Public Radio's Marketplace Money, CNN Travel, CNNfn, NBC Nightly News and ABC Radio Network. Interviews and articles about her work have appeared in Time Magazine, Kiplinger's Personal Finance, Bon Appetit, American Express Horizons, and the Atlanta Journal-Constitution. She lives in Sarasota, Florida.

I was moving to the UK for a year with my 2 teenage sons, and I had no idea how to go about it. It was just for a year - studying for my MSc - so paying to take all our stuff seemed absurd. But then, did I want to pay for storage? It really helped me narrow down the necessities (like how many pair of pants can I get away with packing - it had a 6 month table, so I just doubled it). I gave away all my furniture (including a 1-year-old living room set) to needy college students in Los Angeles (hoping karma would be kind to me abroad), sold my car, and we rented a furnished apartment sight unseen (that was scary - and a pain in the a\$\$). Our extra clothes, electronics, DVDs and books we fit into boxes - and since my Mom keeps rooms for us at her house (I know how lucky I am for that!) I just made a wall of boxes. The book made me feel good about minimizing. But I also knew that some things I would just have to buy again overseas (and then get rid of again coming back). I'm back home now. Kind of. I'm from L.A., but getting my PhD in Pennsylvania. And for parenting students it isn't as easy as for other students - I can't just rent a furnished room. So, we don't have any furniture. lol We are slowly acquiring necessary pieces and are so okay with our minimalist life. We have what we need: each other (and food).

after having planned one such ESCAPE a few years ago, this was a decent book, but I had already BEEN THERE and DONE THAT with this issue and yet, a close scrutiny for anyone will help. Offers retirement budgets at the lowest of SSA paydays to more lucrative alternatives with examples in Mexico and south america with sample budgets. Good all in all.

Useful checklists to push you out of your humdrum existence and start the adventure of living overseas anywhere. Some of the information is dated, but the author correctly advises where to look for the most up-to-date information out there. Covers a small range of countries suitable for expats with evaluation surveys to help you decide what kind of expat life best suits you.

Saw this book in the gift shop of a hotel while traveling, decided to get it on my Kindle when I got back. The premise here is promising, especially with so many Americans living the ideas expressed on HGTV. Seems easy enough to relocate. Most of the ideas in the book are pretty obvious; there's no real research done for you, just suggestions of groups and websites to contact for the information. Check lists for things to do for the relocation process. Some budget guidelines. Ok, but a bit repetitive, and nothing you wouldn't know for yourself if you are at all an experienced traveler. Light weight.

There's nothing in this slim, superficial little book you can't discover for yourself in 30 minutes' focused Internet surfing. If you have genuinely never considered even the most basic issues associated with living abroad, and you find value in pronouncements like "Don't buy a fancy car over there" or a list of 800 numbers for overseas airlines, you might get some value from this. If you've traveled overseas with some frequency, know the culture you want to join, and now need practical advice on tax and money management, visa and residency requirements, property ownership rules, etc., this book is more or less useless. The author quotes a couple of immediate-circle friends extensively about their move to Portugal but appears to have done little serious research... admittedly it's difficult to write a guide that covers every country you might move to, but be warned this book is really an example of "once over lightly."

After having delved into "Work your way around the world" by Susan Griffith, and travelled through most of my twenties up to my mid thirties...this book is the next best thing to get the travel juices flowing. I have about two years until I Can Run away from Home, which is when my children will have spread their wings far and wide and become independent. Hopefully!! have already positioned the storage container on my land with most household goods stored and personal belongings,... as we have downsized to a riverfront apartment from the bush. This book is helping me to clear my mind of all the ideas I have had stored for the past couple of years. I recently travelled back to Spain and France and am still deciding where I would like to go. Italy would be nice and the Caribbean again is another possibility, an awesome place to be. I Love the book and its definitely helping put my future ideas and plans into action. Have decided to buy a few of these books as Xmas presents for some of my friends who are now also thinking to run away. They didnt realise it could be done.

Still reading this book I love it so much information if you are thinking about leaving home.

This is a great book to read & use as a reference if you are at a cross-roads in your life, whether personally or professionally, especially if you've ever had the urge to move overseas. The book addresses ways to accomplish your dream with suggestions on ways to do it whether by working, home exchanges, volunteering, etc. There are also many practical suggestions once you've arrived in your new country.

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